

**Fifth Sunday
In Ordinary Time
February 7, 2010**

With you Lord, no tear is unheeded!

THE PARISH COMMUNITIES OF:

ST. FRANCIS XAVIER, WINDOM

SACRED HEART, HERON LAKE

SACRED HEART, BREWSTER

**WEEKEND
LITURGIES**



**SACRED HEART
BREWSTER
SATURDAY
5:00 PM**



**SACRED HEART
HERON LAKE
SUNDAY
8:00AM**



**ST. FRANCIS
XAVIER
WINDOM
SUNDAY
10:00 AM**



MARRIAGE

Arrangements must be made with the priest at least four months prior to your intended date of marriage to begin preparation.



NEW PARISHIONERS

We welcome you into God's family! If you are interested in learning more about our church, or would like to join, please stop in the Parish Office.

Please notify the Parish Office of any change of address.

HOLY
HOLY
HOLY

IS THE

LORD
OF HOSTS

ALL THE EARTH
IS FILLED WITH
THE GLORY
OF GOD

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Father James Von Tobel S.J.

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Brewster office: 842-5584

Heron Lake office: 793-2357

Windom office: 831-3300

Visit our website at www.sfxwindom.org



MASS INTENTIONS FOR THE WEEK

NEXT WEEK'S READINGS

JEREMIAH 17:5-8

1 CORINTHIANS 15:12, 16-20

LUKE 6:17, 20-26

FROM NOW ON YOU WILL BE FISHERS OF MEN



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Tuesday	5:00 PM	Brewster	Jim Haberman
Wednesday	9:30 AM	Lakeview	Steve & Doris Brennan
Thursday	8:30 AM	Windom	Herb Ratzlaff
Saturday	5:00 PM	Brewster	Jared Bohn
Sunday	8:00 AM	Heron Lake	Mary & Herman Henkels
	10:00 AM	Windom	Parishioners

Liturgical Roles

SATURDAY BREWSTER 5:00 PM

SUNDAY

SERVERS

Megan Schmitz
Megan Haberman

LECTORS

Ceilia Schmitz
Ann Schmitz

CANTOR

GIFTS

Steve & Kayla McNab

COMM MIN

Mike Thiner
Ed Smith
Loretta Smith

USHERS

Steve McNab
Gerard Weinandt

GREETERS

Gerard & Karen Weinandt

SOGGE HOME

ROSARY

CONTRIB.

Mike/Deb Thiner

STEWARDS

Larry/Denise Schmitz

HERON LAKE 8:00 AM

Mark Ferguson
Katy Henkels, Wyatt Henkels
JoAnn Waldron
Andrea Christoffer

Dennis Salentiny Family
Jim & Patti Schneider
Dale & Marietta Bartosh
Jeff Hotzler

Guy & Lisa Carlson
Goerge & Carla Olsem
Jim & Lynne Salentiny

Celia Henkels
Marv & Anne Liepold
Jim & Lynne Salentiny

WINDOM 10:00 AM

Haley Young
Mara Soupir
Kris Langland
Jill Langland
Laurie Murphy
Jean Hoppe, Margaret Juhnke
John Reid, Kathy Smith
Arlene & Leo Bartosh
Dianne Beens
Paul & Pat Reinhardt
Terry Utech, Ronald Gregg
Terry Fredin Family
Rose Winker

Brewster

Heron Lake

Windom

Week 31/52	\$ 720	\$ 835	\$ 1,782
YTD	\$ 36,208	\$ 100,300	\$ 69,022
BUDGET		\$ 76,417	
		+ 23,883	



THE SACRAMENT OF RECONCILIATION: February 13, 3:00 – 4:00 pm Sacred Heart in Heron Lake.

THE ROSARY will **NOT** be said on Mondays until after Easter due to weather related conditions.

VOCATION VIEW: Do not be afraid. If the Lord is calling you to ordained or religious life do not be afraid. Jesus calls, and leads the way. (Luke 5:1-11)

BIBLE STUDY for adults of St. Francis Xavier will be on the second Sunday of the month at 11:00 am at St. Francis Xavier Church. Any questions you have please call Joan Schafer at 832-8328.

HOLY IS THE LORD

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A REFLECTION ON PRAYER

“After he sent the crowds away, Jesus went up into the hills, alone, to pray. (Mt 14:23)

The heart of prayer: Being a person of faith is not like belonging to the Democratic or Republican Party where one embraces a preconceived ideology and then looks at reality through this prism. Prayer assumes we are invited into a personal relationship with God through Jesus Christ. It is a dialogue, free of rigid ideological considerations, a heart to heart conversation. Some say “Nice, but haven’t experienced that yet”. Things come to be because we desire them. The starting point for you might be: Do you desire such a relationship?. If you can say “yes”, then conduct yourself as if it already exists, even when you don’t feel it does. Since God desires it, it will come about.

Why prayer must be “regular”: The point of prayer is not only to encounter our God in Jesus Christ on some occasion, but to “stay close” to the one we wish as a friend and companion on our journey. Such is not possible unless a relationship is renewed and “kept up to date”. Thus prayer seeks to make ourselves known in an ongoing basis and to get to know the Lord better and out of that intimate knowledge to know better what he asks of us. One cannot know the reliability of someone without first trusting them. This includes God.

What prevents the intimacy with God we assume prayer desires?

Intimacy, bonding with others, is one of our greatest human needs, common to us all. Ironically, it is often one of our greatest fears. When realized it exalts us, its failure injures us in the very heart of our lives. Intimacy means deep bonding, its failure is often surrounded with violence. Scientists have told us there are hundreds of specific identifiable fears. What are yours? They prevent intimacy. They need to be addressed in our relationship to God. They need to be told to God. Saying God knows what they are is not enough. The question is do you know what they are? And until you can name them they remain vague obstacles to our deepening relationships. Only if they are named is it possible to entrust them to the one we believe loves us with an everlasting love.

“After he sent the crowds away, Jesus went up into the hills, **alone**, to pray.”

Being alone is often a necessity of prayer that leads to intimacy. We fear solitude equals loneliness. If being with others, filling our world with noise, the constant stimulus of TV or conversation, is simply to escape feeling lonely, then, the hope of significant relationships that are mutual is lost. Solitude (being alone) helps one to listen and most importantly to conquer the fear of knowing oneself! If being alone frightens you, then you need to introduce yourself to it gradually before you can embrace it. For in silence (from the fears within) we learn our need for God, for family and friends, even becoming comfortable with ourselves so that we truly are able to listen. Silence can be powerful.

Because solitude and loneliness are two sides of the same coin, the power of solitude is not always easy to find where as the pain of loneliness can be with us more easily from the time we leave the womb of our mother. It can come from a lack of affection from parents, feeling abandoned by a trusted friend, or spouse, life changes like the last child leaving home, being rejected by people at work, illness that impairs my life style and cuts me off from others. It often is covered up with excessive eating, alcohol, TV watching or whatever. We must work through the pain to find the solitude where we hear the voice of others and our God.

“I go up into the hills alone to meet you Lord and to speak to you of my fears, my hopes, my pain, concern for those I love and most importantly to meet you. In the silence, hear my voice, and bend your ear to listen to what is in my heart. For I believe we are friends, I am the apple of your eye, your love is steadfast. You listen to me. I listen for you, in the silence.

Fr. Jim Von Tobel, S.J.

BREWSTER

LECTORS: We will be using two lectors so please watch the liturgy roles list for this change.

FOLLOWING MASS, on February 13, we will serve a farewell supper for Father Von Tobel. This will be Father's last week and final Mass at Sacred Heart. Please plan to attend in gratitude for all Father has been for us and to us. The Parish Council will be serving soup, sandwiches and bars.

REMINDER to parents to bring their children at 6:30 pm on February 10, for pizza before the 7:00 pm classes.

HERON LAKE

MISSION SEWING will begin this week Tuesday in Steger Hall at 1:30 pm. Anyone interested in sharing a few hours each week to help assemble or tie quilts for the needy is most welcome. You may do knitting or crocheting of caps and scarves in your home also. Give Elaine Stenzel a call at 793-2249.

THE ROSARY will not be said on Mondays until after Easter due to the winter weather conditions.

THE SACRED HEART COUNCIL OF CATHOLIC WOMEN will meet on Wednesday, February 10, at 7:00 pm in the church hall. All women of the parish are invited and most welcome.

MOUNT KATO SKI TRIP: Juvenile Foresters have the opportunity to go skiing again on Sunday, February 21. The bus will leave at 12:00 noon from the Community Center. Call Kevin Leopold at 793-2894 to let him know if you are planning to go.

WINDOM

POSITION OPENING: St. Francis Xavier, Windom, has a new position opening. St. Francis is looking for a church office coordinator to work approximately 16 hours per week on a flexible schedule. Salary will be based on experience. Position requires clerical, computer, organizational, and people skills. Application and job description are available at the church office or call 831-3300.

COFFEE AND ROLLS: Everyone is invited on February 7, after Mass for coffee and rolls. Come visit with Father Von Tobel and wish him well as he leaves for his next assignment.

ANNUAL DIOCESAN APPEAL report for 2009 St. Francis Xavier Church goal was \$13,340.00. 72 households or 20% of the parish participated for a total of \$7,960. The parish owes \$5380.00. This shortfall will be paid from the general fund. In the next couple of weeks we will be having our 2010 appeal. Please think about participating to avoid the expenses occurred to the parish in last years appeal.

WINDOM COUNCIL OF CATHOLIC WOMEN will meet on Tuesday, February 16, at 6:45 pm. We will begin with the rosary followed by our quarterly meeting and refreshments. All ladies as members of the CCW are encouraged to attend.

ATTENTION ALL WOMEN OF THE PARISH: Your volunteer hours from January 1 through December 31, 2009 are needed to be sent to your commission chairperson. These must be in by March 31 so they can be forwarded to our area chairperson. Thank you for your time and support. If you have any questions you may call Ronda Kelly at 831-4932.

MISSION SEWING will begin February 18, 1:00 pm. at the church hall. This year we will begin by making children's quilts. Consider making a Lenten commitment to share your time and talent and join us in this very needy project. In the 10 years since we have started making quilts CCW has made and given away 2048 quilts to people in need. Thank you to these wonderful volunteers for keeping so many people warm.

DITTY BAGS will be given out the first Sunday of Lent, February 21. Many people have benefited from your generosity of this project. These last ten years CCW has donated 2369 ditty bags to people who consider these hygiene products as a luxury. Please open your hearts again and continue your generosity. Thank you.

VALENTINE'S DAY PARTY The Knights of Columbus Valentine Party will be held Sunday, February 7, at 5:30 at PJ's in

Bingham Lake. The Social/Lunch buffet is at 6:00 pm. All KC sweethearts will enjoy lunch free. Please come.

SAVE PLASTIC SCREW LIDS, any size or color. There is a container in the church hall. Save our environment. Any questions, call Jackie @ 831-4976 or Joan @ 832-8328.

FUND RAISER FOR SENIOR DINING: Senior Dining is having a Schwan's Fund Raiser. Catalogs and order forms are in both the church and hallway entrances. Order forms need to be turned in to either Sharon Jenniges at church or Margie French at Senior Dining by February 9, and orders can be picked up at Auto Value parking lot on February 12, from noon to 6 pm. Senior Dining thanks you for your support.

BARC is having a Valentine Sweetheart Dinner & Show fund raiser on Saturday, February 13. Hors D'oeuvres starting at 6 pm, catered meal at 7 pm w/Las Vegas style show featuring "The Classics", a Dean Martin & Frank Sinatra era show starting at 8:30 w/50's & 60's style music to dance to after. Price is \$25.00 per person or \$50.00 per couple. Call or stop in at BARC to get your tickets by Friday, February 8. This is a major fund raiser for BARC. Thanks for your support.

ST. JAMES CATHOLIC CHURCH will be having an annual Parish Festival Sunday, February 14. – Mariam Hall 11:00 am - 1:30 pm. There will be a raffle, silent auction, games, shops, etc. A dinner of broasted chicken, hot dogs, tacos, ice cream and home made pie will be served. Everyone is welcome to attend.

NEWS NOTES FOR ALL PARISHES

RESPECT LIFE: PROLIFE Across AMERICA recently celebrated its 20th anniversary! It began as a "kitchen table effort" in 1989 with a vision of bringing pro-life messages all across America - reaching out to people who may not be reached in any other way. What began with 42 Billboards in the Minneapolis/St. Paul area grew to a Media Mission of thousands of Billboards. Last year alone, donations were used to sponsor over 6500 Billboards in 37 states. For more information, see www.prolifeacrossamerica.org. Recently, a donation of \$303 was sent to this organization from participants who attended the January 24th Ecumenical Prayer Service for Life at the Cathedral of the Sacred Heart in Winona.

PARISH NURSING NOTES: Spiritual Resolutions

By Kathi Haberman, RN, Parish Nurse

A few weeks ago I wrote about spiritual resolutions and asked parishioners to let me know about any resolutions made to enhance spirituality. While my phone didn't exactly ring off the hook, I did learn about a few. 1) Read the *Purpose Driven Life* by Rick Warren along with the book *A Catholic Perspective on the Purpose Driven Life* by Father Joseph Champlin. 2) Purchase and read a 365 day *Bible* so as to read scripture from the Old Testament and New Testament along with a psalm and proverb every day for 365 days – by December 31 you've read the entire Bible! 3) No time to read? Here is a favorite of mine: save up money (about \$150.00!) and purchase and listen to the 24 CD set of the *Great Adventure Bible Timeline: The Story of Salvation* by Jeff Cavins. 4) Listen to a Rosary tape during the daily commute to work - the Church recognizes the countless spiritual graces that come from this devotion. 5) Start a spiritual journal - journaling can be an exercise that frees your mind to wrestle with prayer, devotion, and Scripture in a self-reflective environment. 6) And here's an idea I found on the Internet – focus on character traits. The author of the article *Spiritual Resolutions: My Practical Plan* used the gospel of Matthew, (chapters six and seven) to identify character traits taught and emulated by Jesus and then chose to

focus on one each month. January: Search for ways to help others without recognition; February: Pray more fervently, daily. March: Forgive more fully and immediately; April: Fast more fervently, weekly during this month; May - Judge less often; June: Ask God more for specific desires; July: Treat others how I want to be treated; August: Bring forth good fruits through a stronger connection to the Vine; September: Seek for and do the will of the Father; October: Focus on the Beatitudes; November: Refocus on prayer and fasting; December: Refocus on serving others.

Those walking to Jerusalem – please turn in any miles not yet turned in...December? January? We didn't make it Jerusalem by Christmas – let's try to do it by Easter!

NEED A SPECIAL GIFT FOR YOUR SPOUSE? Give your spouse the gift of your time and love by going on a **Worldwide Marriage Encounter Weekend!** Upcoming dates include: February 12-14, at Shalom Hill Retreat Center, Windom and March 19-21, at Ironwood Springs Ranch, Stewartville, MN. For information or to register contact Jeff and Rondi Kodet at 507-644-3523 or jrek@redred.com or visit our website at www.wvmeSection8.org.

Mass Schedule for Ash Wednesday

Tuesday, February 16	Brewster	5:30 PM
Wednesday, February 17	Windom	6:30 PM
Wednesday, February 17	Heron Lake	8:00 PM

Mass times during the week in Lent

Tuesday	Brewster	5:30 PM	
Wednesday	Windom	6:45 PM	Mass - Stations
Wednesday	Heron Lake	7:30 PM	Stations - Mass